UMC Health System ADULT ANESTHESIA POST-OP OUTPATIENT SURGERY PLAN	Patient Label Here

PHYSICIAN ORDERS	

Diagnosis _____

Weight	_____ Allergies _____

Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.

ORDER	ORDER DETAILS
	Admit/Discharge/Transfer
	Return Patient to PACU
	Patient Care
	Patients who are at high risk for obstructive sleep apnea (OSA) AND receive IV sedating medications intra-operative/ intra-procedure (EXCLUDING case start sedating medications), or during Phase II recovery, should be, at the discretion of the anesthesia provider, transferred to a higher level of monitoring to PACU
	Convert IV to INT ☐ When tolerating PO liquids
	Deaccess Implanted Port ☐ Rapid Response Team or UMC credentialed staff to deaccess implanted port prior to discharge.
	heparin flush (heparin flush 100 units/mL injection) ☐ 3 mL, IVPush, inj, Prior to Discharge For administration Post-Op in OPS. To be completed by Rapid Response Team or UMC credentialed staff to flush implanted port after deaccessing port.
	Communication
	SPECIAL CONSIDERATION: Phase II (OPS) - Continuous Pulse Oximetry is mandatory for all patients with the following criteria: ASA Score of III or greater, prone positioning, obese patients and patients with a postive High Risk OSA Score
	Notify Nurse (DO NOT USE FOR MEDS) ☐ Continuous Pulse Oximetry
	Notify Provider of VS Parameters ☐ SpO2 Less Than 92%, Notify anesthesia provider assigned to case
	Notify Provider (Misc) ☐ Notify Attending Anesthesiologist and Attending Surgeon, Reason: If unable to wean off O2 after two 15 min Room Air Trials
	Notify Nurse (DO NOT USE FOR MEDS) ☐ If regional block performed by anesthesia: lower extremity non weight bearing, up with crutches only; if upper extremity block must use sling 24 hours for single injection and if catheter left in place then must use sling until catheter is removed.
	Notify Nurse (DO NOT USE FOR MEDS) ☐ DISCHARGE: Patient may be discharged when Modified Post Anesthesia Recovery Score (MPAR) is 18 or above, per Department of Anesthesia Guidelines.
	Notify Nurse (DO NOT USE FOR MEDS) ☐ DISCHARGE: Requires Anesthesiology Attending evaluation prior to discharge.
	Notify Nurse (DO NOT USE FOR MEDS) ☐ DISCHARGE: Provide patient with discharge education for Regional Anesthesia (use the online education form under "depart, custom tab")

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Order Taken by Signature: _____ Date _____ Time _____

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UMC Health System ADULT ANESTHESIA POST-OP OUTPATIENT SURGERY PLAN	**Patient Label Here**

PHYSICIAN ORDERS

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ORDER	ORDER DETAILS
	Notify Nurse (DO NOT USE FOR MEDS) ☐ DISCHARGE: With discharge phone call, specifically inquire about regional block and document patient report of numbness, pain, weakness, bruising.

IV Solutions

LR ☐ IV, 75 mL/hr ☐ IV, 125 mL/hr	☐ IV, 100 mL/hr ☐ IV, 150 mL/hr
NS ☐ IV, 75 mL/hr ☐ IV, 125 mL/hr	☐ IV, 100 mL/hr ☐ IV, 150 mL/hr

Medications

Medication sentences are per dose.   You will need to calculate a total daily dose if needed.

.Medication Management ☐ NOW, Start date T;N   No IV narcotics or IV promethazine to be given Post-Op in OPS.
ondansetron ☐ 4 mg, IVPush, soln, ONE TIME, PRN nausea/vomiting   For administration Post-Op in OPS.
Notify Nurse (DO NOT USE FOR MEDS) ☐ Use surgeon preference for post-operative pain management.
.Medication Management ☐ NOW, Start date T;N   NO MORPHINE after any eye muscle surgery

Laboratory

POC Blood Sugar Check ☐ ONE TIME, on arrival
Notify Provider (Misc) (Notify Provider of Results) ☐ Notify anesthesia provider assigned to case, Reason: blood sugar less than_____ or greater than _____.

Respiratory

Oxygen (O2) Therapy
☐ 2-3 L/min, Via: Nasal cannula, Keep sats greater than: 92%
    Conduct a room air trial prior to discharge; if oxygen saturation is less than 92% resume oxygen therapy and re-trial prior to discharge.
Continued on next page....

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ADULT ANESTHESIA POST-OP OUTPATIENT SURGERY PLAN</td><td>Patient Label Here</td></tr>
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PHYSICIAN ORDERS
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ORDER	ORDER DETAILS
	☐ 8 L/min, Via: Simple mask, Keep sats greater than: 92% Conduct a room air trial prior to discharge; if oxygen saturation is less than 92% resume oxygen therapy and re-trial prior to discharge. ☐ 10 L/min, Via: Face tent, Keep sats greater than: 92% Conduct a room air trial prior to discharge; if oxygen saturation is less than 92% resume oxygen therapy and re-trial prior to discharge.

...Additional Orders

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UMC Health System

SLIDING SCALE INSULIN REGULAR PLAN

PHYSICIAN ORDERS	

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ORDER	ORDER DETAILS
	Patient Care
	POC Blood Sugar Check ☐ Per Sliding Scale Insulin Frequency ☐ AC & HS ☐ AC & HS 3 days ☐ TID ☐ BID ☐ q12h ☐ q6h ☐ q6h 24 hr ☐ q4h
	Sliding Scale Insulin Regular Guidelines ☐ Follow SSI Regular Reference Text
	Medications
	Medication sentences are per dose. You will need to calculate a total daily dose if needed.
	insulin regular (Low Dose Insulin Regular Sliding Scale) ☐ 0-10 units, subcut, inj, AC & nightly, PRN glucose levels - see parameters Low Dose Insulin Regular Sliding Scale If blood glucose is less than 70 mg/dL and patient is symptomatic, initiate hypoglycemia guidelines and notify provider. 70-150 mg/dL - 0 units 151-200 mg/dL - 1 units subcut 201-250 mg/dL - 2 units subcut 251-300 mg/dL - 3 units subcut 301-350 mg/dL - 4 units subcut 351-400 mg/dL - 6 units subcut If blood glucose is greater than 400 mg/dL, administer 10 units subcut, notify provider, and repeat POC blood sugar check in 2 hours. Continue to repeat 10 units subcut and POC blood sugar checks every 2 hours until blood glucose is less than 300 mg/dL. Once the blood sugar is less than 300 mg/dL, repeat POC blood sugar in 4 hours and then resume normal POC blood sugar check and insutlin regular sliding scale. ☐ 0-10 units, subcut, inj, BID, PRN glucose levels - see parameters Low Dose Insulin Regular Sliding Scale If blood glucose is less than 70 mg/dL and patient is symptomatic, initiate hypoglycemia guidelines and notify provider. 70-150 mg/dL - 0 units 151-200 mg/dL - 1 units subcut 201-250 mg/dL - 2 units subcut 251-300 mg/dL - 3 units subcut 301-350 mg/dL - 4 units subcut 351-400 mg/dL - 6 units subcut If blood glucose is greater than 400 mg/dL, administer 10 units subcut, notify provider, and repeat POC blood sugar check in 2 hours. Continue to repeat 10 units subcut and POC blood sugar checks every 2 hours until blood glucose is less than 300 mg/dL. Once the blood sugar is less than 300 mg/dL, repeat POC blood sugar in 4 hours and then resume normal POC blood sugar check and insutlin regular sliding scale. Continued on next page....

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insulin regular (Moderate Dose Insulin Regular Sliding Scale)

☐ 0-12 units, subcut, inj, AC & nightly, PRN glucose levels - see parameters
Moderate Dose Insulin Regular Sliding Scale
If blood glucose is less than 70 mg/dL and patient is symptomatic, initiate hypoglycemia guidelines and notify provider.

70-150 mg/dL - 0 units
151-200 mg/dL - 2 units subcut
201-250 mg/dL - 3 units subcut
251-300 mg/dL - 5 units subcut
301-350 mg/dL - 7 units subcut
351-400 mg/dL - 10 units subcut

If blood glucose is greater than 400 mg/dL, administer 12 units subcut, notify provider, and repeat POC blood sugar check in 2 hours.   Continue to repeat 10 units subcut and POC blood sugar checks every 2 hours until blood glucose is less than 300 mg/dL. Once blood sugar is less than 300 mg/dl, repeat POC blood sugar in 4 hours and then resume normal POC blood sugar checks and insutlin regular scale.

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	insulin regular (High Dose Insulin Regular Sliding Scale) ☐ 0-14 units, subcut, inj, AC & nightly, PRN glucose levels - see parameters High Dose Insulin Regular Sliding Scale If blood glucose is less than 70 mg/dL and patient is symptomatic, initiate hypoglycemia guidelines and notify provider. 70-150 mg/dL - 0 units 151-200 mg/dL - 3 units subcut 201-250 mg/dL - 5 units subcut 251-300 mg/dL - 7 units subcut 301-350 mg/dL - 10 units subcut 351-400 mg/dL - 12 units subcut If blood glucose is greater than 400 mg/dL, administer 14 units subcut, notify provider, and repeat POC blood sugar check in 2 hours. Continue to repeat 10 units subcut and POC blood sugar checks every 2 hours until blood glucose is less than 300 mg/dL. Once blood sugar is less than 300 mg/dL, repeat POC blood sugar in 4 hours and then resume normal POC blood sugar check and insulin regular sliding scale. Continued on next page....

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SLIDING SCALE INSULIN REGULAR PLAN

PHYSICIAN ORDERS

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	HYPOglycemia Guidelines
	HYPOglycemia Guidelines ☐ ***See Reference Text***
	glucose ☐ 15 g, PO, gel, as needed, PRN glucose levels - see parameters If 6 ounces of juice is not an option, may use glucose gel if blood glucose is less than 70 mg/dL and patient is symptomatic and able to swallow. See hypoglycemia Guidelines. Continued on next page....

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ORDER	ORDER DETAILS	
	glucose (D50) ☐ 25 g, IVPush, syringe, as needed, PRN glucose levels - see parameters Use if blood glucose is less than 70 mg/dL and patient is symptomatic and cannot swallow OR if patient has altered mental status AND has IV access. See hypoglycemia guidelines.	
	glucagon ☐ 1 mg, IM, inj, as needed, PRN glucose levels - see parameters Use if blood glucose is less than 70 mg/dL and patient is symptomatic and cannot swallow OR if patient has altered mental status AND has NO IV access. See hypoglycemia guidelines.	

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